

**Minutes of the 1st
Students' Association of Red Deer College
2016-2017 Summer Council Meeting
July 20, 2016**

Present:

Maryanne McGrath, President	Ben Fleury, VP College Affairs
Nonso Onwuekwe, VP Operations	Aiden Bridger, VP Student Life
Liz Sweiger, Executive Director	Anne Marie Watson, Chairperson
Jessica Walker, Secretary	William Baliko
Daphne MacIntrye	Sylvie Masson
Katherine Rauch	Brady Podloski
Toby Nwabuogor	

Absent with Notice:

Robin Chiles, Board of Governors

Other Attendance Notes:

Brady Podloski arrived at 7:08pm.

Before the meeting was called to order Bryan Boechler from Gallivan & Associates joined the meeting to discuss the My Wellness Tool. myWellness is a multi-faceted mental health service created by Gallivan & Associates that includes awareness resources, a campus implementation plan, online information portal and FeelingBetterNow. FeelingBetterNow was created by a group of physicians to assist students with identifying, improving and supplying resources regarding mental health issues. Students are able to assess this tool online, through an anonymous login. Once a questionnaire is complete a diagnosis is given as well as risk factors, pharmacology solutions, psychotherapy options, and local resources. SARDC would be given a semi-annual written report that would include stats such as the most common mental health issues among students at RDC, which toolbox items were accessed the most, and how many times the crisis line was called. Council was encouraged to take the time to access the website and complete the assessment.

1.0 Call to Order

Meeting was called to order at 5:47pm, chaired by Anne Marie Watson.

1.1 Approval of Agenda

16-17-01-S

William Baliko, Sylvie Masson

Motion: Approval of agenda with the following changes:

1.7 – In-Camera Session

Move 1.5 – My Wellness Tool to 1.3

CARRIED.

1.2 Approval of Meeting Minutes

1.2.1 **16-17-02-S**

Ben Fleury, Katherine Rauch

Motion: Approval of Winter Council Minutes #13 as presented.

CARRIED.

1.2.2 **16-17-03-S**

William Baliko, Daphne MacIntrye

Motion: Approval of 2015-2016 Executive Minutes #44-49 as presented.

CARRIED.

1.2.3 **16-17-04-S**

Katherine Rauch, William Baliko

Motion: Approval of 2016-2017 Executive Minutes #1-8 as presented.

CARRIED.

1.3 **Discussion**

1.3.1 My Wellness Tool

Council was given the opportunity to discuss the My Wellness Tool. Each council members has agreed to log into mywellnessplan.ca and explore the tool so that they are better prepared to make a decision during the August Council meeting.

1.4 **Executive Reports (attached)**

16-17-05-S

Sylvie Masson, Katherine Rauch

Motion to accept the Executive Reports as presented.

CARRIED.

1.5 **New Business**

Break at 7:22, returning at 7:30

1.5.1 Council Member Agreements

Council members (voting and ex-officio), including Council Chairperson, Executive Director, and Council Secretary were asked to sign council member agreements.

1.5.2 CAT Fund Terms of Reference

2015-2015 CAT Fund has made amendments to the Terms of Reference, CAT Fund has already approved the amendments.

16-17-06-S

William Baliko, Sylvie Masson

Motion: Accept the amendments to the CAT Fund Terms of Reference with the following changes: VII to read Management of the Fund

CARRIED.

1.6 **Information Items**

1.6.1 **16-17-07-S**

Sylvie Masson, Katherine Rauch

Motion: Accept the following as information:

1.6.1 – *Receiver General Remittances*

1.6.2 – *May 2016 Financial Statement*

1.6.3 – *2016-2017 Annual Budget Proposal*

1.6.4 – *BARC Policy Recommendations*

1.6.5 – *Winter Council End of Term Reports*

CARRIED.

1.7 **In-Camera Session**

16-17-08-S

William Baliko, Brady Podloski

Motion: Go in camera at 7:52pm.

CARRIED.

16-17-09-S

William Baliko, Katherine Rauch

Motion: Come out of camera at 8.14pm.

CARRIED.

1.8 **Adjournment**

16-17-10-S

Katherine Rauch, Brady Podloski

Motion: Adjourn at 8:15pm.

CARRIED.

Maryanne McGrath, President

Anne Marie Watson, Chairperson

Elizabeth Sweiger, Executive Director

Jessica Walker, Secretary